

Spring '50's Fling' features Celeste Friedman & burgers

MARCH 2012

Zerger Times

Zerger Hall Senior Center, 745 E. Main St., Newark, OH 43055
345-0821 or 1-800-452-0097

LCAP Pancake Day to feature regular and blueberry delicacies March 24

You'll be flippin' for LCAP's pancakes

For the first time you will have a choice of traditional country pancakes or blueberry versions at the annual LCAP Pancake Day breakfast on March 24.

Pancake Day will run from 8 to 11 a.m. on Saturday, March 24 at Zerger Hall Senior Center, 745 E. Main St., in Newark. The cost is \$5 for adults and children under 5 eat for free.

The breakfast selections include your choice of pancakes, sausage, orange juice and

coffee. There is a \$1 charge of extra sausage.

The proceeds will benefit the Home Services Department at the Licking County Aging Program which provides personal care, homemaking and home-chore services. The department also runs the Reese Adult Day Center on South Fifth Street in Newark.

In addition to breakfast, there will be musical entertainment, door prizes and 50/50 drawings.

2011 year was a headline maker for LCAP Home Services

The year of 2011 was one of major accomplishments in the Home Services Department at the Licking County Aging Program. In all services combined, we provided 3,409 hours of in-home services on a monthly average during 2011.

Your attendance and proceeds from the March 24 Pancake Day breakfast will permit Home Services to continue its mission of keeping seniors healthy and in their own home through our chief offerings of personal care, homemaking and home chores.

Here is some of the other home services LCAP offers. Our social workers supports clients with financial needs. They help in enrollment of food stamps, Medicare Prescrip-



By **BILL BAXTER**
Director
LCAP Home Services

tion Drug Plans, Medicaid and Passport eligibility. These services are provided to any senior whether they come to the agency or are homebound, for which visits are provided.

The Caregiver Support Grant is managed by the Home Services Department. The funds for 2011 totaled \$57,822. The grant is limited to \$1,000 per-client each year to help pay for respite, durable medical equipment and/or other emergencies caregivers may encounter. The Reese Adult Day Center services participants 35 years and older with physical and cognitive challenges. Activities include arts and crafts, musical entertainment, mental stimulation games, gentle exercises and discussion groups.

Community Calendar

Free Clothing and Medical Loan Closets

FREE COMMUNITY CLOTHES CLOSET at Second Church of Christ, 19 S. Williams St., Newark, first and third Tuesday 7-9 p.m. and first Thursday 10 a.m. to 3 p.m.; Northside Church of Christ, 4427 Marion Road, Newark, Saturdays 10 a.m. to 2 p.m.

MEDICAL LOAN CLOSET at Central Christian Church of Christ on Mount Vernon Road, Monday, Wednesday and Friday 10 a.m. to 3 p.m. 366-7438 and the Johnstown-area medical loan closet, rear of 151 Woodgate Drive, 967-3809.

Free Meals

FREE COMMUNITY DINNERS: Hebron UMC, 4:30-6 p.m. last Thursday of the month; Neal Avenue UMC of Newark 5 p.m. last Tuesday of month; First UMC of Newark, 88 N. Fifth St. 5-6:30 p.m. second Wednesday of month; Christ Lutheran Church, 732 Hebron Road, Heath, 5-6:30 p.m. every fourth Sunday, dine-in or carry-out, 522-4505; Second Presbyterian Church, 42 E. Church St. 4 to 7 p.m. on the third Monday of each month.

FREE COMMUNITY LUNCH: Trinity Episcopal Church 76 E. Main St., fourth Sunday at 2 p.m.

FREE COMMUNITY BREAKFASTS: Community Wesleyan Church, 161 Myrtle Ave. 7:30-10:30 a.m. third Saturday, 366-4220; Second Baptist Church, 19 W. National Drive, 8 to 10 a.m., fourth Saturday; Marne UMC, 1019 Licking Valley Road, 7:30 to 11:30 a.m. third Saturday, donation requested not required; First Baptist Church of Newark, 1000 Granville Rd., 9 a.m. to noon last Saturday of the month

Senior and Community Events

WEEKLY BLOOD PRESSURE CLINIC 10 a.m. to 2 p.m. Wednesdays at Reese Adult Day Center, 123 S. Third St. No appointment needed, walk-ins welcome.

DINING WITH DIABETES COOKING SCHOOL noon to 2 p.m. March 14, 16 and 21 at Kendal at Granville. Seniors 60 and older, \$10. Cooking demonstrations, healthy food sampling and cooking education for people with diabetes or their family members or caregivers. To register, call OSU Extension Service 740-670-5315.

PUBLIC EMPLOYEE RETIREES INC. LICKING COUNTY CHAPTER 23 meets 1:30 p.m. March 15 at the Newark Public Library, 101 W. Main St. Speaker is Sharon Downs of PERS.

Send items for community calendar 30 to 40 days before event to: larry@lcap.org or mail information to: Larry Fugate, LCAP, 745 E. Main St., Newark, Ohio 43055. Printed as space permits

Zerger Times

APRIL 2012 News Deadline
March 1, 2012

Next Newsletter
Assembly Day
March 21, 2012

Zerger Times is published monthly by the Licking County Aging Program. It is assembled by a dedicated team of LCAP volunteers.

Dave Bibler, Executive Director
Larry Fugate, Zerger Times Editor



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Website: www.lcap.org

Board of Directors

Charlotte Blade, president; Nasie Gallagher, vice president; Robert Tharp, secretary; Chris Hiner, treasurer; The Rev. Tom Myers, past president. Members: R. Daniel Bauer, Tim Cooper, Charles Cooperrider, Nell Duffy, Lauren Gould, Marsha Justice, Warren Parsons, Barbara Jones Pettit, Richard Ramseyer, Timothy Reichert, Stephanie Shonebarger and Holly Slaughter.

March Activities Page



SPRING FLING

We celebrate Spring with a 1950's Spring Fling! The menu will be from the 1950s and our entertainment is a lady with the voice of a blue bird...Celeste Friedman who blew down the house at the Midland Theater with her Patsy Cline performance. ViaQuest Home Health and Hospice will be at Zerger Hall March 9 with a special education show featuring refreshments and give-a-ways.

Spring Fling takes us back to the swingin' 50s!

Winter is done and gone! Long live spring and warmer days! We celebrate with a 1950s Spring Fling featuring the talent of local entertainer Celeste Friedman. We will have 50/50 tickets (get it...50/50 tickets at a 1950's Fling?), door prizes and Bingo games to top off our day. The Fling will start at 11 a.m. March 30th.

The menu includes LCAP hamburgers, potato salad, baked beans, chips and ice cream served by official soda jerks with emphasis on the word jerks since Larry Fugate and Dave Biber will dispense the desserts with your choice of strawberry, chocolate or butterscotch toppings and sprinkles if Nutrition Director Zola Byrd loosens up her purse strings.

Special education program set for March 9 at Zerger

VanQuest Home Health and Hospice will be at Zerger Hall Senior Center from 10 to 11:30 a.m. March 9 to talk about the services they offer. VanQuest will provide refreshments, snacks, give-a-aways and free blood pressure checks. You need to call 1-614-339-0886 to reserve a seat.

New arthritis exercise classes set

Executive Care will start a six-week class session of arthritis exercises beginning

March 7 at Zerger Hall Senior Center. The class is called PACE (People with Arthritis Can Exercise). The instructor is Barbara Crombie, the regional marketing manager for Executive Care. The exercises are gentle and focuses on people suffering from arthritis. The initial classes will be from 10:30 to 11 a.m. March 7, 14 and 28.

Breakfast Club in Pataskala

The LCAP Breakfast Club will meet at 9 a.m. March 28 at The Nutcracker Restaurant in Pataskala. You pay for your eats but you will enjoy the fun and possibly some prizes!

Zerger Times sponsor: Del Opticians

If you had eyes like a hawk....

There's a reason that if a person has good eyesight he is said to have "eyes like a hawk." The eyesight of birds such as hawks, eagles and buzzards is three to four times sharper than ours. Eagles can spot rabbits from several miles away while hawks and buzzards often scan the earth from a height of 10,000 to 15,000 feet looking for tasty rodents! And when they spot one, these birds can dive at over 100 mph and still keep their target in complete focus. Essentially, the greater the number of receptors inside the eye that an animal has, the sharper its eyesight will be. Predatory birds such as hawks have five times as many receptors packed into the equivalent area of their eyes, and that is why their eyesight is so much better than ours.

Other animals have visual peculiarities that we might want to have on occasion. For instance, chameleons can move their eyes independently, so they can see in two different directions at the same time. Now if you had that ability, you could watch two TV shows at once. Imagine the possibilities! And it's a good thing you only have two eyes...Some spiders have 12 eyes, and the box jellyfish has 24 eyes. With that many eyes, your eye exam could easily take all day, and your eyeglasses and contacts would be a major expense.

But so what if you don't have eyes like a hawk? The great thing about being human is that we have the smarts to fix it so that you can see your best. If you're having trouble spotting tasty rodents, or just find it hard to see the small print in the paper, get down to Del Opticians for an eye exam and a new set of glasses. See our ad and coupon in this month's Zerger Times on the back address page.

Havin' a ball



Chair Volleyball is played every Tuesday morning at Zerger Hall Senior Center at 10 a.m. and you can see from their smiles that these folks are having a ball. It is great gentle exercise and fun. You don't need to call ahead, just show up before 10 and have a wonderful time with some wonderful folks.

Larry Fugate photo.

LCAP's new home takes shape

Claggett & Sons is doing the remodeling work on the new home of the Licking County Aging Program.

The former Miller's Essenplatz restaurant, just a few blocks east of Zerger Hall Senior Center, is being transformed into a new senior facility.

The interior work started recently with hopes of being completed around June. A moving date will be announced as the interior work nears completion.

4 new members join LCAP board of directors



PAST PRESIDENT HONORED—The Rev. Tom Myers was honored for his tenure as president of the LCAP Board of Directors at the agency's annual meeting on Jan. 26. Rev. Myers continues to serve on the board in the position of immediate past president. He receives a gift for his service from Cheryl Barber (right) LCAP Administrative Director.

LCAP computer classes set

By JOHN KENNEDY
For Zerger Times

The next session of computer classes sponsored by LCAP and the Licking County Computer Society will begin the week of March 12 at Zerger Hall Senior Center.

A full slate of classes is being offered. Total Beginner Classes (computer basics for XP users) is at 6 p.m. Wednesday and (computer basics for Vista/Win 7 users) is at noon on Tuesday. For those ready to learn more computer skills, you can choose from Beyond the Basics for XP Users at 9 a.m. Thursday or Beyond the Basics for Vista/Win 7 Users at 9 a.m. Tuesday. Those with Internet skills might want to take Exploring the Internet at noon on Monday or Communicating with E-mail at 3 p.m. on Thursday. Advanced computer classes include Word Processing at 9 a.m. Wednesday and Creating and Using Spreadsheets at noon Thursday. There is a Linux class at 2 p.m. Wednesdays. All classes meet weekly for two hours and cost \$20 for the entire session. You can pick up an information sheet and registration form at Zerger Hall. registration form at Zerger Hall.

Four new members joined the Licking County Aging Program Board of Directors at the annual meeting of the agency held Jan 26.

The new members include:

- R. Daniel Bauer of Pataskala, a lifelong and now retired educator who was named Licking Heights Education Association Teacher of the Year in 1985.

- Marsha Justice of Hebron has been involved in various community organizations including Jaycee Women. She is a 42-year member of the Hebron Historical Society.

- Barbara Jones Pettit of Heath is a retired reading teacher from the Columbus City Schools. She is a past officer of the Ohio Association for Children with Learning Disabilities.

- Timothy Reichert of Johnstown is active in the rural community including membership on the Hartford Fair Steer Pool where he was treasurer, the Ohio Association of Realtors and is past president of Ohio Vocational Agriculture Teachers.

The terms of members Sandy Crane, Jesse Ours and Charles Williams expired in 2011. Former Pataskala mayor Bruce Baird also was a member. He passed away in December.

The new officers include Charlotte Blade, president; Nasie Gallagher, vice president; Robert Tharp, secretary and Chris Hiner, treasurer.

The annual meeting also honored Roy Wells with the LCAP Community Service Award for his volunteer activities with the agency including his appearances (along with his beard) as Santa Claus for holiday functions for the seniors.

AARP free tax slots dwindling down to a few

The American Association of Retired Persons is taking appointments for free income tax preparations. Seniors interested in the service should call the special number 740-404-8053 between 8:30 a.m. and 4 p.m. Monday through Friday.

Each year, the American Association of Retired Persons Tax Aide Program provides professionally trained volunteers who prepare federal, state and local tax returns for low and middle income taxpayers, with a special em-

phasis on those 60 and older. The appointments will be at the tax center at Zerger Hall. You are encouraged to bring in a photo identification and your social security card. For your appointment you also need to bring in a copy of last year's returns and all 2011 paper work you have received.

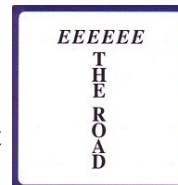
The AARP said the remaining appointments are for the last half of March and the first half of April. You are urged to call soon if you need an appointment.

The Frame Game



The February puzzle was not too difficult. We had 34 people giving the correct answer "ease on down the road." In a drawing, the winner was Donna Gosnell who lives near Granville. The new puzzle is at left. It is a phrase. Call 345-0821 (216) and leave your answer if you think you've got it.

The winner gets a mailed prize worth pennies but is required to bake Larry Fugate a meat loaf to get it.



Lobby Hobby News With Bonnie Selby Manager

Easter is just around the corner and we are starting to get beautiful springtime artificial flower bouquets in many colors. We will have winter scarves and hats, banks by Bob, birds by Vera, jewelry by Pat and necklaces by Louise! Stop by and see all the unique items we have for the whole family. We soon expect to have some of our popular Easter gift baskets. The shop is open weekdays 9 a.m. to 1:30 p.m.

Senior food box distribution March 28

The senior food box distribution will take place in the new home of the Licking County Aging Program at 1058 E. Main St. The pick-up date is March 28 from 10 a.m. to 2 p.m. Call Bonnie Selby at 345-0821 for more information.

Jo's Girls Sewing Classes!

Call Joe Ann Wood at 745-2832 to register.

Quilts of Valor — Friday, March 9, 9:30 a.m. to 2:30 p.m. We make quilts for wounded soldiers. Anyone who attends needs to already know the basics of quilt making. Call Joe Ann to sign up.

Quilted Open Sew — Tuesday, March 20, 9:30 a.m. to 2:30 p.m. Work on any sewing project that you need help with. Please call to register. Class fee \$10.

"Doll Bed Set" or Open Sew — Tuesday, March 27, 9:30 a.m. to 2:30 p.m. Turn a plastic shoe box into a doll bed for your granddaughter, complete with mattress, pillow, sheets and quilt. Or if you prefer, work on any sewing project you need help with. Call to register. Class fee \$10.

Donations and Memorials from January 2012

LCAP funders include: Central Ohio Area Agency on Aging, Licking County Commissioners, Licking County Senior Citizens Service Levy, Ohio Department of Aging, United Way of Licking County and our valued supporters, like you.

GENERAL OR SERVICE DONATIONS

Emma Moore, Joyce Keeran, W. Sanders, John and Alma Glass, Arnold and Wanda Stoltz, Elizabeth Pasini, Robert and Marilyn Arnold, Weiler Financial Inc., Evelyn Stevens, Forrest and Kathy Fairburn, Elizabeth Snyder, Kenneth and Susan Bageant, Diana Farley, Gladys Hess, James Thomas, Mary and Ralph Downey Sr., Walmart Vision Grant, Lisa Fleege, Country Music Fellowship Organization, Faith Baker, Virginia June Greer, Jo Ann Kocher, Combined Federal Campaign, Joseph and Shirley Reed, Verla Gailliez, Paul Rauch, Lewis and Mary McIntosh, Mary Simpson, Billy and Ruth Reinbeau, Nancy and Richard Colby and Donald and Kathryn Tyo.

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Memorials



In memory of **Charles Manning** from Theresa and Robert McDaniel, David and Mary Rebecca Bibler, William and Jean Ullman and Gregory and Jane Tauber.

In memory of **Gladys Lees** from Sara Stephens, Rochelle Paul, Linda Lou Smart, V. W. Hanni, Constance Brown, Claudette McMillen and Mary Lou Debevoise.

In memory of **Mildred Cramer** from Dolores Jones.

In memory of **Margaret Weber** from Linda and Jim Haynes.

Living Honor

Living honor celebrating **Cletus Beam** from his wife, Shirley.

MARCH 2012 DONATION FORM

Your Name _____
 Address _____
 City _____ State _____ Zip _____

- I wish my donation to benefit:**
 Capital Campaign for new building ()
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 Home Services () Transportation ()
 LCAP Foundation () General Use () Zerger Times to help with newsletter expenses ()

*Memorials and Living Tributes are free.
 If you wish to make your donation a commemoration in Zerger Times, include the information here.
 You can use this month's listings above as an example.
 My commemoration is a () Memorial or () Living Tribute.*

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